

SEDONA

and the Navajo Nation

2026 ITINERARY

Day 1, Saturday, March 21:

We will meet at the Phoenix airport with our luggage for departure at 11:30 am. From there we'll drive 2 hours north to Sedona with a stop in a beautiful location for a group photo before visiting the **Chapel of the Holy Cross**.

Our **Welcome Ceremony** will be at our hotel.

Arabella Hotel, Sedona



Day 2, Sunday, March 22:



This morning we'll explore **Cathedral Rock**. This major vortex is known for introspective power that connects you to memories and past lives. The energy is more subtle yet it is quite powerful. Its feminine energy encourages you to become calm, grow quiet and slow down before we go to our hotel where I will facilitate a *Group Past Life Regression*.

Later we'll go to the **Airport Vortex** to enjoy a beautiful sunset. This vortex emits a subtle energy that can enhance our psychic abilities and expands our spiritual consciousness. A great way to begin our sacred journey.

Day 3, Monday, March 23:



In the morning we'll experience **Bell Rock** claimed to be the most powerful vortex. UFO reports are common here. Afterward, we'll visit the **Amitabha Stupa & Peace Park** and then have lunch at a unique Arts and Shopping village called Tlaquepaque.

UFO tour (optional) at Sunset. Look for the Milky Way.

Arabella Hotel, Sedona

Day 4, Tuesday, March 24:

We begin our day with a meditation at a favorite site of mine and then to nearby **Boynton Canyon**. This vortex is a site of balanced energy between masculine and feminine energy. The vortex is located between a rock formation known as Kachina Woman and another knoll thought to be masculine.

Arabella Hotel, Sedona



Day 5, Wednesday, March 25:



We'll depart early for our 2-hour drive to the **Grand Canyon** where we'll admire its awe-inspiring views and have lunch before stopping at the Desert View Watchtower on our way to Page. The drive is a visual treat.

Lake Powell area hotel

Day 6, Thursday, March 26:



Our morning will begin with a walk to **Horseshoe Bend**, referred to as the East rim of the Grand Canyon. It is 10-minute walk to the Bend. 1.2 miles roundtrip. We'll then be guided through **Antelope Canyon** with our Navajo guide before having a relaxing late afternoon on Lake Powell.

Lake Powell area hotel



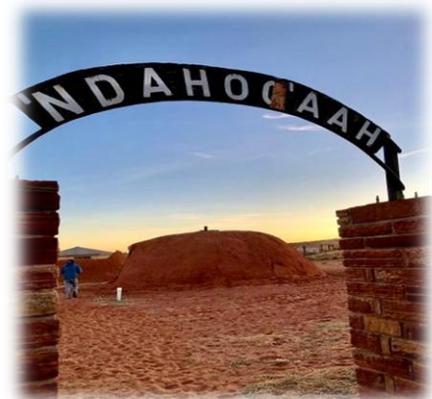
Day 7: Friday, March 27:

Early morning departure for our 2-hour drive to **Monument Valley**. The landscape is stunningly beautiful! Our Navajo guide, Don, will take us on a very special mystery tour of the Valley and introduce us to the Navajo way of life.

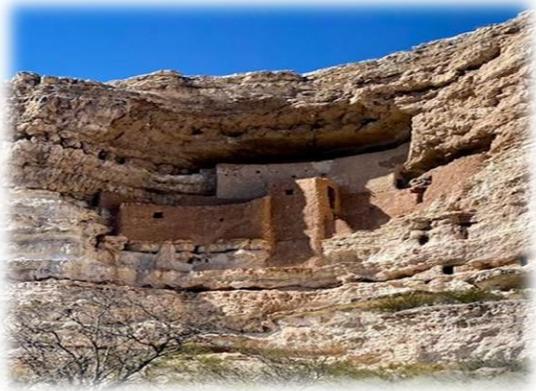


Later we'll experience a very powerful Navajo healing in a hogan. This is not available to the public and is created especially for us (if available).

Monument Valley area hotel



Day 8, Saturday, March 28:



Depart for **Montezuma's Castle and Well**. A well-preserved dwelling built and used by the Sinagua people, built between approximately 1100-1425. Return to Phoenix. Closing Ceremony.

Phoenix Airport hotel

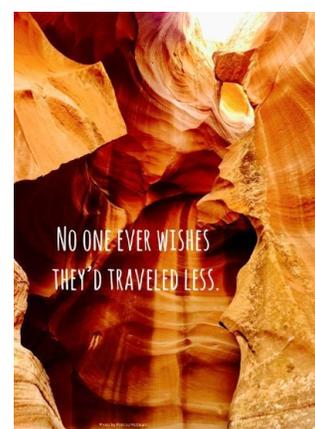
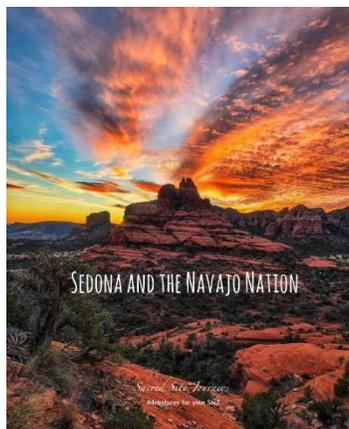
Day 9, Sunday, March 29: Departures. Free airport shuttle service is offered by the hotel.

I appreciate your flexibility with me if I change the order of what we'll see to ENHANCE your experience.

Bring a hat, good walking or hiking shoes, and sunscreen. The weather is beautiful at this time of year. In Sedona the temperatures typically range from the 40's to the 60's. Perfect for our hikes. It will be cooler in Page and Monument Valley at night, so bring a jacket and sweaters (layer) and note current weather temperatures before we leave.

*This is going to be an **amazing** soul adventure!*

Thank you for joining me!



The experiences you have will touch your heart and soul and be a part of you forever.

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