



## 2025 ITINERARY

\*Levels are based on difficulty. 1 being easiest, 5 being most strenuous. Walking ability for up to 5 miles in rough terrain and uphill may be required. If included in the tour price, B=breakfast, D=dinner is noted.

**Day 1: Wednesday, September 17**    *BW Donjon, Carcassonne*                      L, D                      Level 1



Arrive by noon in Carcassonne, a world heritage site where we'll stay for 1 night. Welcome ceremony, and free time to explore. First settled in 3500 BC, it was a major commercial and ceremonial center for the Druids and the Phoenicians in ancient times.

**Day 2: Thursday, September 18**    *Chateau des Ducs de Joyeuse*                      B, D                      Level 1

We'll begin our day with a walking tour of Carcassonne. Many Cathars lived in Carcassonne before being expelled from the city during the Albigensian crusade. The Cathars believed in education and their children were taught to read. They were vegetarians and they believed in reincarnation. They felt their version of Christianity was that of the ancient and pure teachings of Jesus. It was how they lived their lives, not a doctrine to be followed. And they believed in the union of Jesus and Mary Magdalene.

### **Notre Dame de Marceille**

We will then depart from Carcassonne and travel to the edge of the quaint town of Limoux where lies the beautiful Notre Dame de Marceille and its holy well with a higher vibration. It is told that a farmer plowing the field noticed his ox got stuck on something and couldn't move, so he began digging where the ox stopped and found a wooden black Mary smiling. He took it home but the next morning it reappeared back where he had found it. This happened three times! When the local monks heard the story, they built a chapel on the site.

Underneath the church lies a secret passageway, where a pagan site once stood and was later placed under control of the



Templars. We will see the Black Mary that was considered so powerful she was stolen on several occasions.

### St. Martins Church



At St. Martin's Church we will see three tall windows that tell a story about women. The middle window shows Mary Magdalene and Jesus crowned, sitting on thrones and dressed the same - as EQUALS. The side windows show spiritually advanced women, initiates, wise women. The only men who appear are huddled together and attacking women with fire or a spear. Could this be a story about the repression of the Divine Feminine?



### Chateau des Ducs de Joyeuse

We will stay five nights in our own beautiful 15<sup>th</sup> century castle at the foot of Rennes-le-Château. Located on the River Aude, it has a beautiful interior courtyard and a pool. If you've read author Kathleen McGowan's book *The Expected One*, the hotel has the distinction of having been the inspiration for the castle inhabited by Bérenger Sinclair!



\* If you have any dietary requirements, please let me know when you book your tour, but no later than one month *before* our departure. Menus are designed by the Chateau before our arrival and eating something other than what is prepared for us is typically not available. The food is very fresh and delicious. Our 3-course dinner is served as a group at 7:30 pm.

\* Please understand that we will be in *rural* France. There is a small grocery store, ATM and pharmacy within walking distance of the Château, but choices are limited. Do not expect to see brands that you are familiar with in the United States.

**Day 3: Friday, September 19**

*Chateau des Duc de Joyeuse*

B & D

Level 1



**ALET LES BAINS** We will begin our day in the beautiful village of Alet Les Bains. It is referred to as “The Chosen Place” and the energy here is extraordinary. Alet les Bains sits on the second largest underground lake in France. Before Alet les Bains was claimed by the church it was a place of active goddess worship as evidenced in the town Square.

Nostradamus lived here with his grandparents and it is here, inside his home, where we will have our group past life regression. We will also explore the beautiful ancient Abbey and see the Celtic pre-Christian stonework on the outside of the church before going to a powerful and mystical church St. Salvyre.

**Day 4: Saturday, September 20**

*Chateau des Duc de Joyeuse*

B & D

Level 4



We'll begin our day walking through an enchanted forest to the Seat of Isis. Located in Rennes les Bains, an old Roman Spa town, it's located on The Rose Line, (an energy line we will have seen at St. Sulpice in Paris) that goes to nearby Mt. Bugarach. The Seat of Isis is reputed to be an Initiatory Seat of Power for the Mystery School of Isis. You'll have time to sit and feel the energy.

Afterwards, we will go to the sacred site of Fontaine des Amours (Fountain of Love) where Magdalene is said to have done Baptisms and healings. Here you can meditate, write in your journal or just enjoy the peace.



**Day 5: Sunday, September 21** Chateau des Duc de Joyeuse

B & D Level 1

We'll experience another group past life regression before exploring a local outdoor market in the village of Esperanza and then going to Rennes le Chateau.

**RENNES-LE-CHATEAU**



Located on a beautiful little hilltop lies Rennes-le-Chateau where legend says an ancient temple of Isis lies deep in the earth below. Rennes-le-Chateau is most known through books such as *DaVinci Code*, *The Chosen One* and *Holy Blood, Holy Grail* fame. It is here in the church that Berenger Saunier discovered coded documents and took them to Saint Sulpice church in Paris (we will have visited on our first day) returning with a great sum of money. Some say "hush" money. We will explore the Magdalene church



where some say secrets of the Magdalene are encoded and where we will see many *interesting* points of interest. We will also visit Tour Magdala, and a small museum about Saunier.

Rennes-le-Chateau overlooks the beautiful and exquisitely peaceful, Ruisseau des Couleurs (River of Colors) where across the valley at a distance is Mary Magdalene's cave. You will have time to walk around Rennes-le-Chateau on your own as well.

At 4:30 pm we'll listen to David Bailey play Magdalene inspired piano music in the Visigoth Castle (*if available*).

**Day 6: Monday, September 22**

Chateau des Duc de Joyeuse

B & D Level 3



We will begin our day exploring Nebias where we will walk through a fairy forest with a stone labyrinth, moss wrapped trees, magical rock formations, and experience a standing stone with amazing energy. What's not to love?

We'll return to Rennes le Chateau for a beautiful afternoon meditation.



**Day 7: Tuesday, September 23**

NH Toulouse Hotel

B

Level 1- 5



We will drive an hour through the beautiful Languedoc countryside to Montsegur, the most famous Cathar castle. Montsegur was the last stronghold of over 200 devoted Cathars who chose to die rather than convert their beliefs.

The army of the Roman Catholic Church came to Montsegur, asking the Cathars to change their beliefs and they wouldn't be killed. They held them captive for 10 months until the 200 plus Cathars willingly chose to walk down the mountain to their death in a pyre. Before coming down the mountain, legend says that four Cathars scaled down the most dangerous side of the mountain with their sacred treasure. Some say it was the *Book of Love*, the true teachings of Jesus that Cathars practiced. Magdalene taught this knowledge in caves and in remote places.

Here we will honor their devotion. Those who choose to can walk to the top where they lived. It is a worthy pilgrimage as there is beauty and peace felt at the top. Others can spend time below or in the village. After lunch we will travel to Toulouse where we will we overnight.



**Day 8: Wednesday, September 24**

***Departures. Our time together will come to an end here, but your beautiful memories, all that you've learned, the bonds you've made and your soul's growth will stay with you forever.***

***With love, Patti***

\*Regardless of how well I've planned, our itinerary may be altered due to weather conditions, timing conflicts or unforeseen situations. Other hotels of like quality may be substituted if needed. Thank you for your flexibility as I make our journey memorable.

Those attending the Journey will be added to a private Facebook Group page to get to know the others who will also be coming and for me to keep you updated (and excited) about what we'll be doing.

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The fleur de lis is known as the sign of royalty to many, but its more esoteric meaning is that it represents Mary Magdalene.