



Sacred Scotland Journey Itinerary 2025

with Patricia McGivern

*1=flat terrain 2=some hills 3=hills and more walking 4=walking with steep
incline *Hotels as noted or similar*

Day 1: Monday, June 2

Apex City Hotel, Edinburgh 1

Please arrive a day early to adjust to the time change and explore Edinburgh Castle, Holyrood Palace, or walk the Royal Mile on your own (or with others who've arrived early). Staying awake and active will help you adjust to any jet lag.

We will meet in the lobby of the Apex City Hotel at 11 am for a Welcome, orientation, lunch and our first group past life regression.



Day 2: Tuesday, June 3

Apex City Hotel Edinburgh 2



We'll begin our day at **Roslin Glen**. It is viewed guardian of rebirth and resurrection, and is an ideal access to your ancestors and the spirit realms.

Roslyn Chapel received international attention after being in the movie "The Da Vinci Code." This uniquely beautiful chapel is connected to the Templars. We'll have dinner in the small town of Roslin before returning to Roslyn Chapel for a **private** evening.



Day 3: Wednesday, June 4

Western Isles Hotel, Isle of Mull 1

Depart Edinburgh for Inverary Castle. Afterward we'll drive to Oban ferry for the Isle of Mull where we will be staying for three nights.



Day 4: Thursday, June 5

Western Isles Hotel, Isle of Mull 1



Drive through the Isle of Mull to Fionnphort Ferry to catch our boat to the Isle of Staffa and Fingal's Cave.

We'll then go to the Isle of Iona, considered Scotland's most sacred site, where we'll explore the Nunnery, Abby, St. Oran's Chapel, and a graveyard with 48 ancient kings before returning to Fionnphort and back to Tobermory.



Day 5: Friday, June 6

Western Isles Hotel, Isle of Mull 1



I'll facilitate a group past life regression and then we'll visit Kilmore Church with a stained glass of Mary Magdalene and Jesus. Free time to explore Tobermory (meaning Mary's Well).

Day 6: Saturday, June 7

Uig Hotel, Isle of Skye 1



We'll depart the Isle of Mull and drive through Glencoe on our way to **Eilean Donan** (meaning Island of Donan) Castle, which is one of the most recognized castles in Scotland. Bishop Donan settled on this tranquil spot to create a monastic cell in 634 AD. The first castle was later established to help protect the area from Viking incursions in the 13th century. Afterward, we'll drive to the Isle of Skye.

Day 7: Sunday, June 8

Uig Hotel, Isle of Skye 2

Today we'll explore:

Fairy Pools - Beautiful rock pools of crystal-clear aqua blue water (on a sunny day) fed by a series of waterfalls. We will walk to the various pools and take in the natural beauty of the land. The pools are magical and the background is majestic. If you didn't see the fairies at the Fairy Glen, perhaps you'll see or feel them here.



Portree: Lunch in this charming little town and time to explore.



The Storr; Legend says that the "old man of Storr" was a giant and is a beacon for spiritual travelers on the Isle of Skye.



Kilt Falls and the Quirang

The Isle of Skye is absolutely intoxicating with its beautiful unique emerald green mountains located along the coast.



Day 8: Monday, June 9

Caladh Hotel, Stornoway, Isle of Lewis 1



We'll explore the **Fairy Glen**, where fairies were believed to live deep within the heather. The belief in fairies goes back to prehistoric times, with a landscape that will captivate you.

We'll take a ferry to the Isle of Lewis.

Day 9: Tuesday, Jun 10

Strathpeffer, Inverness 1

We'll begin our day early at **The Callanish Stones**. Known as the Stonehenge of the North, the Callanish Stones are an arrangement of standing stones erected in the late Neolithic-era, the main circle erected between 4,500-5,000 years ago.

We'll depart early afternoon for the ferry to the mainland and our hotel in Inverness.



Day 10: Wednesday, June 11

Edinburgh airport hotel 1



This morning we'll go to **Clava Cairns**, a well-preserved group of burial cairns and standing stones built around 4,000 years ago, for our closing ceremony. We'll then travel back to Edinburgh near the airport.



Day 11: Thursday, June 12 Departures



Our Sacred Scotland Journey will be over, but you will carry it in your heart forever.

With love, Patti

Past life regressions offer you opportunities to heal your heart, mind and soul. Learning who you were, gives a deeper understanding of your soul's journey and can clear blocks within you from a time long ago.

****Thank you for your flexibility if I need to make changes to enhance your Sacred Scotland Journey. I may also add other sites I learn about.***