



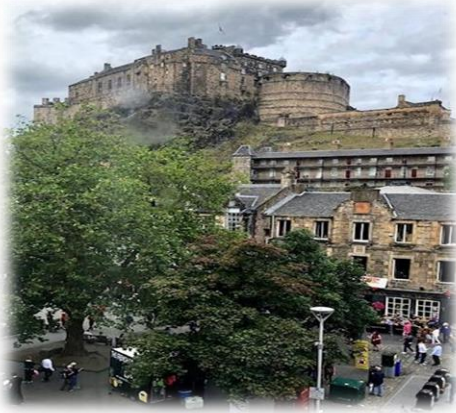
Sacred Scotland Journey Itinerary

*1=flat terrain 2=some hills 3=hills and more walking 4=walking with steep incline *Hotels as noted or similar*

**Thank you for your flexibility as I may rearrange our schedule for a better experience.*

Day 1: Tuesday, May 14

Apex City Hotel, Edinburgh 1



We will meet in the lobby of the Apex City Hotel at 11 am for a Welcome, orientation and lunch. We will see Greyfriars Bobby, Greyfriars Kirkyard, the Elephant House (where J.K. Rowling began writing Harry Potter), the entrance to Edinburgh Castle, Witches Well and St. Giles. I will facilitate our first group past life regression.

Staying awake and active will help you adjust to any jet lag. If a day early you may want to explore Edinburgh Castle, Holyrood Palace, or walk the Royal Mile on your own.

Day 2: Wednesday, May 15

Apex City Hotel Edinburgh 2

We'll begin our day meeting our Scottish expert, to hear the history, legends and mysteries of **Roslin Glen** and see a Yew tree thousands of years old. It is viewed guardian of rebirth and resurrection, and is an ideal access to your ancestors and the spirit realms.





Rosslyn Chapel received international attention after being in the movie “The Da Vinci Code.” This uniquely beautiful chapel is connected to the Templars. We’ll have dinner in the small town of Roslin before returning to Rosslyn Chapel for a private evening there.

Day 3: Thursday, May 16

Western Isles Hotel, Isle of Mull 1

Depart Edinburgh for Inverary Castle. Afterward we’ll drive to Oban ferry for the Isle of Mull where we will be staying for three nights.



Day 4: Friday, May 17

Western Isles Hotel, Isle of Mull 1



Drive through the Isle of Mull to Fionnphort Ferry to catch our boat to the Isle of Staffa and Fingal’s Cave. We’ll then go to the Isle of Iona, considered Scotland’s most sacred site, where we’ll explore the Abby, St. Oran’s Chapel, a graveyard with 48 ancient kings, including MacBeth before returning to Fionnphort and back to Tobermory

Day 5: Saturday, May 18

Western Isles Hotel, Isle of Mull 1

I'll facilitate a second group past life regression and then we'll explore Kilmore/Dervaig Standing Stones and the Abbey with a stained glass of Mary Magdalene and Jesus.



Day 6: Sunday, May 19

Uig Hotel, Isle of Skye 1



We'll depart the Isle of Mull and drive through Glencoe on our way to **Eilean Donan** (meaning Island of Donan) Castle, which is one of the most recognized castles in Scotland. Bishop Donan settled on this tranquil spot to create a monastic cell in 634 AD. The first castle was later established to help protect the area from Viking incursions in the 13th century. Afterward, we'll drive to the Isle of Skye.



Day 7: Monday, May 20

Uig Hotel, Isle of Skye 2



Today we'll explore:

Fairy Pools - Beautiful rock pools of crystal-clear aqua blue water (on a sunny day) fed by a series of waterfalls. We will walk to the various pools and take in the natural beauty of the land. The pools are magical and the background is majestic. If you didn't see the fairies at the Fairy Glen, perhaps you'll see or feel them here.

Portree: Lunch in this charming little town

The Storr; Legend says that the "old man of Storr" was a giant and is a beacon for spiritual travelers on the Isle of Skye.



Kilt Rock & Mealt Falls

Quiraing, The Isle of Skye is absolutely intoxicating with its beautiful unique emerald green mountains located along the coast.



We'll explore the **Fairy Glen**, where fairies were believed to live deep within the heather. The belief in fairies goes back to prehistoric times, with a landscape that will captivate you.



Day 8: Tuesday, May 21

Caladh Hotel, Stornoway, Isle of Lewis 1



We'll have an early departure for our ferry to the Isle of Lewis where we'll see:

Callanish Stones. Known as the Stonehenge of the North, the Callanish Stones are an arrangement of standing stones erected in the late Neolithic-era, the main circle erected between 4,500-5,000 years ago.

Day 9: Wednesday, May 22

AC Hotel by Marriott, Inverness 1

We'll begin our day with a group past life regression and depart early afternoon for the ferry to the mainland and our hotel in Inverness.

Day 10: Thursday, May 23

River Ness, Inverness 1

Today we'll explore **Uruquat Castle** and **Culloden Battlefield** (as seen in Outlander) where the Jacobite rebellion was fought. It was the final battle to be held on British soil and defeated the Jacobite Rising on April 16, 1746, which cemented Britain as a Protestant nation. History buffs and Outlander fans will remember this sad day. Free time in the afternoon to explore Inverness on your own.



Day 11: Friday, May 24

Dalmahoy Resort 1



This morning we'll go to **Clava Cairns**, a well-preserved group of burial cairns and standing stones built around 4,000 years ago, before we journey back to Edinburgh.



Past life regressions, offer you opportunities to heal your heart, mind and soul. Learning who you were, gives a deeper understanding of your soul's journey and can clear blocks within you from a time long ago.

Day 12: Saturday, May 25

Departures



Our Sacred Scotland Journey will be over, but you will carry it in your heart forever. With love, Patti

**Thank you for your flexibility if I need to make changes to enhance your Journey.*